

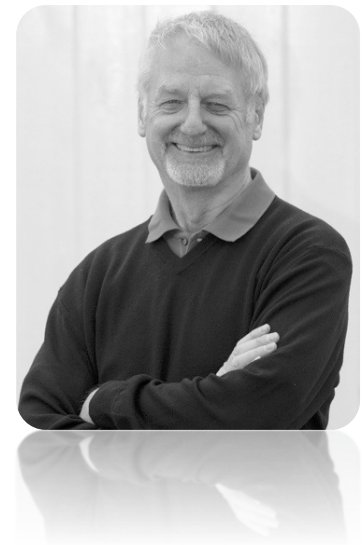
Sir John Whitmore Biography

- Executive Chairman, Performance Consultants International
- Adviser and Mentor, IHD
- Bestselling author, Coaching for Performance

John's main activities:

- Design and facilitation of Leadership Development Programmes
- Design and facilitation of High Performance Coaching Programmes
- Keynote speaking to top management groups

Sir John Whitmore is Executive Chairman of Performance Consultants. He is a pre-eminent thinker in leadership and organisational change and works globally with leading multinational corporations to establish coaching management cultures and leadership programmes. He has written five books on leadership, coaching and sports, of which Coaching for Performance is the best known having sold 500,000 copies in 17 languages.



Honoured with the President's Award by International Coach Federation (ICF), rated as the Number One Business Coach by the Independent newspaper and as having had the most impact on the coaching profession by the Association for Coaching, John is one of the leading figures in the international coaching community with activities and operations globally.

John founded Performance Consultants with partners David Hemery and David Whitaker after originally forming The Inner Game in the United Kingdom following a period of studying and working with Tim Gallwey and Bob Krieger in the United States. They were the first to formulate the coaching processes and create experiential learning to overcome the inner obstacles to human potential and high performance such as fear, doubt and limiting beliefs.

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